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**SENIOR AND DISABILITY HOME HEALTH GETS A MAJOR BOOST**

(Indianapolis) The odds of Hoosiers having more and better home health care services in the future have received a significant boost from a Chicago based foundation. The Retirement Research Foundation has released a major grant to The Generations Project in Indianapolis.

The grant will be used to educate and empower senior citizens and persons with disabilities regarding their home health and community based care options.

John Cardwell, the project's director, says the new grant funds will make, "... more Hoosiers independent throughout the course of their lives, capable of determining their long term health care needs, and able to effectively communicate with family members, neighbors, providers, and public officials regarding home and community based care issues."

The Retirement Research Foundation supports a variety of initiatives in Chicago and surrounding Midwestern states aimed at improving the quality of life of older adults.

According to Cardwell, "By its own description, the foundation is interested in innovative projects that demonstrate new approaches to the problems of older adults, and which also have the potential to impact long term care policies and programs across the nation. We believe The Generations Project is doing work of national significance by educating and self-empowering citizens regarding the potential of home and community based care to save money, improve the quality care, and to expand the availability of long term care.

"By assisting citizens and the organizations that represent them to re-balance Indiana's system of long term care so it is better and more efficient, real benefits are created for consumers, taxpayers and the state's economy," concludes Cardwell.

The project is also supported by the Nina Mason Pulliam Charitable Trust and by AARP Indiana.

Founded in 2001, The Generations Project is a partnership of several organizations. The president of its governing board is Elmer Blankenship, and the president of its advisory

board is Duane Etienne. The member organizations of the project include AARP Indiana, Alzheimer's Association, The Arc of Indiana, CICOA Aging and In-Home Solutions, Indiana Alliance for Retired Americans, Indiana Association of Area Agencies on Aging, Indiana Minority Health Coalition, Indianapolis Urban League, Mental Health Association in Indiana, and United Senior Action of Indiana.

More information about the project and its activities is available online at [www.generationsproject.org](http://www.generationsproject.org). To learn more about the Retirement Research Foundation go to [www.rrf.org](http://www.rrf.org).