



HOME CARE FOR HOOSIERS

*The need for care
and the opportunities
for taxpayers in 2003*



THE GENERATIONS PROJECT



Since people prefer living in their own homes, even as they age and begin to need long term care...

Why are so many Hoosiers – over 27,000 on waiting lists – unable to access home care services?

An outdated state-funding formula is to blame. Help us change the formula. Your support is what it takes.

The Generations Project, a statewide alliance advocating greater access for Hoosiers to home and community based health care services, needs your help. Today, Indiana spends well over \$1.1 billion for institutions, but only \$194 million for home and community based care.

This imbalanced public investment in long term care evolved in the 1960s and 1970s when nursing home care was seen as the only option. Today, with the emergence of quality home care providers, new technology and community-based care alternatives, consumers have many choices. Unfortunately, too many Hoosiers cannot access those choices because we continue to use an antiquated state funding formula that over invests our tax dollars in nursing homes.

Indiana's imbalanced long term care investments force many Hoosiers to live in nursing homes when they could receive the care they need in their own homes.

The time has come to call for change. And you can make a real difference!

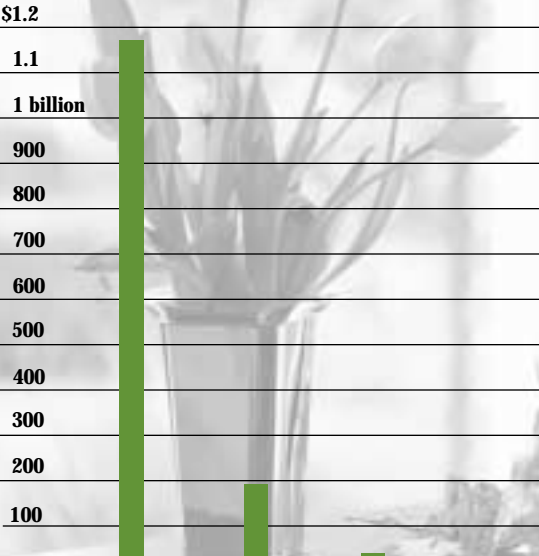


The Generations Project is promoting home care programs that have been successful in other states across the U.S. These programs save lives and taxpayer dollars.

States like Washington, Oregon and Wisconsin are rebalancing their spending of tax dollars between home health care, assisted living, adult foster care, nursing homes, and other long term care alternatives so people can receive care that is appropriate and cost effective. Indiana is failing to do this.

Annually, Indiana spends \$1.174 billion for institutional care, but only \$194 million for home and community based care

Tax dollars in millions spent each year in Indiana



Nursing homes All home & community based care Assisted living Adult foster care

Sources: Office of Medicaid Policy and Planning (OMPP) and the Bureau of Aging and IN-Home Services (BAIHS), Indiana Family and Social Services Administration (FSSA), 2001 and 2002.



Hoosiers want and deserve home care services.

- Thousands of Hoosiers forego health care services rather than fill the nearly 15,000 empty beds available in nursing homes.
- Many others are forced to enter nursing homes because they have no choice.
- Shockingly, an estimated 1,500 Hoosiers who are on official waiting lists for home care services die each year... they die waiting for services that should have been funded by the state.

Hoosiers waiting for home care vs empty nursing home beds



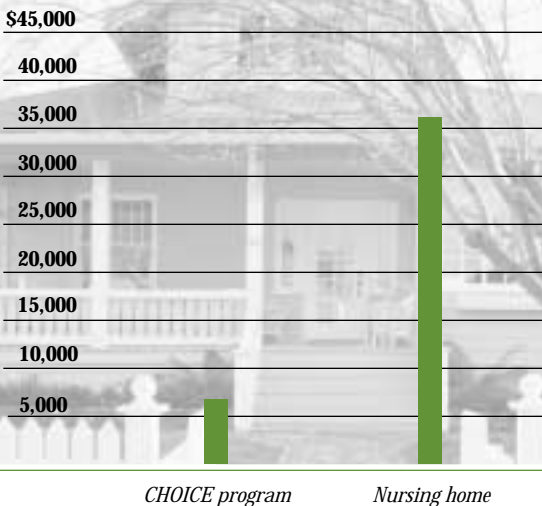
of Hoosiers on waiting lists for home care

of empty nursing home beds in Indiana

Home and community based care is less expensive

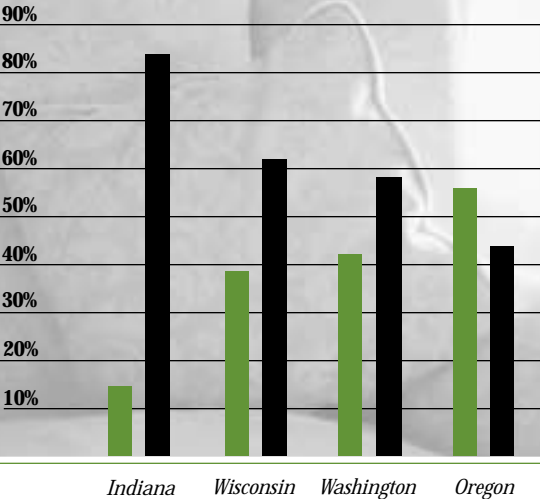
By any financial measure, over reliance on nursing home care is a bad deal for taxpayers in Indiana. The average annual cost for nursing home care through the Medicaid program is \$36,726 in Indiana, while the average annual cost for a person in the CHOICE program – one of the few programs helping older persons and other Hoosiers with disabilities access home care – is \$7,234.

Average per person per year cost for home and community based care vs nursing home care



When compared with other states that have better and more affordable long term care systems, Indiana spends fewer dollars on home care, assisted living, adult foster care, adult day care, home delivered meals, transportation, and other home and community based services. Instead, Indiana spends the majority of its tax dollars on nursing homes.

The percentage of state and federal taxes spent in Indiana for home and community based care vs nursing home care compared with like expenditures in Wisconsin, Washington and Oregon



■ Home & community based long term care

■ Long term care in institutions

Sources: Indiana Office of Medicaid Policy and Planning, 2002; Wisconsin Bureau of Aging and Long Term Care Resources 2002; and the *Across the States 2002* report of the AARP Public Policy Institute. The data comparing Indiana with other states includes a larger database of total long term care services than that shown in the Annual Indiana Funding Chart.

Need for home care services expected to increase dramatically

It's no secret that the baby boomer generation is just beginning to swell the ranks of America's senior citizens. Between 2000 and 2020, the number of Hoosiers with long term care impairments is expected to rise from 325,285 to 400,360 — a 23 percent increase.

To meet that need, the state of Indiana must put in place a full array of long term care service options such as those listed on the previous page. Only by having cost effective options available when they are needed can Indiana hope to lower the cost of serving Hoosiers who need long term care.

Ironically, the fiscal crisis that is presently confronting Indiana state government has been made far worse by its failure to properly invest in practical long term care options. If these options are not in place when the baby boomer generation needs them, taxpayers will spend hundreds of millions of dollars each year paying for excess nursing home care, the most expensive long term care option.

Rebalancing taxpayer dollars for long term care

If Indiana rebalances its investment in long term care, taxpayers will benefit by having their dollars spent for better services at a lower cost per person served. More Hoosiers will be able to get the care they need when it is needed.

Better care means healthier citizens and lower costs for everyone. Better and practical long term care options will stop unnecessary placements in nursing homes and keep families together. Other states have long recognized what Indiana has failed to see: having an effective system of home and community based care will allow more Hoosiers to keep working and make Indiana a more profitable place for businesses, their employees and families.

Your support is all it takes!

Call or write your elected officials and urge them to rebalance Indiana's spending on long term care systems so more people can utilize home and community based services.

Ask Governor O'Bannon, your state representative and your state senator to equalize the spending on home and community based care with the dollars spent on nursing home care by the year 2005.

Governor Frank O'Bannon

(317) 232-4567

(or email: fobannon@state.in.us)

Indiana House of Representatives

(317) 232-9600 or (800) 382-9842

Indiana State Senate

(317) 232-9400 or (800) 382-9467

You can write any of the above at:

Indiana Statehouse, 200 W. Washington Street,
Indianapolis, IN 46204

House and Senate Web site:

<http://www.in.gov/legislative>

Please share with Governor O'Bannon and the members of the General Assembly your views regarding long term care reform and funding.

To get the addresses and direct telephone numbers of the members of the General Assembly go online via Access Indiana at **www.ai.org**

The Generations Project is an alliance of leading civic organizations

- AARP Indiana
- The Arc of Indiana
- Alzheimer's Association
- CICOA The Access Network
- Citizens Action Coalition of Indiana
- Council of Volunteers and Organizations for Hoosiers with Disabilities
- Indiana State Council of Senior Citizens
- Indiana Association of Area Agencies on Aging
- Mental Health Association in Indiana
- United Senior Action of Indiana

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<http://www.generationsproject.org>

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(317) 423-7102, or write The Generations Project,
c/o AARP, One North Capitol Avenue, Suite 1275,
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Indianapolis, IN 46220.



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